



Employee Assistance Services

Confidential
Helpline

24/7

800.236.4457

Help and support to you
and your household
family members through
short-term counseling.

AM I ELIGIBLE FOR THE EMPLOYEE ASSISTANCE PROGRAM?

This is a common question we are asked when someone calls our Helpline. So, who is eligible to utilize the EAP? You are eligible if you are an employee of a company that Aspirus Employee Assistance Services contracts with. Your spouse or significant other (if living with you) as well as any family members (biological or blended) that live with you are also eligible to use the service.

Another good question we get is, “How do I make an appointment?” It’s very simple. Just call us at 1-800-236-4457 or 715-847-2772 and ask to make an appointment. A counselor will take down some basic information and set up an appointment—no paperwork or insurance information is needed to do this. Be assured this is a confidential service. Your place of employment will not know you have called or attended a session. In fact nobody will know that you were at Aspirus EAS unless you give your counselor written permission to do so.

Here’s the best part—there is no cost to you! We don’t ask for co-payments and we don’t bill your insurance.

If you have any further questions about eligibility, setting up an appointment, or just need to talk, please call us.