



MOSINEE COMMUNITY EDUCATION CLASS OFFERINGS FOR WINTER/SPRING 2017

Pre-registration is required no later than one week prior to class.
We reserve the right to cancel any program due to insufficient enrollment.

COMMUNITY EDUCATION OFFERINGS

Mosinee Community Education is interested in hearing from community residents about classes/activities they would like to see offered. If you have ideas about new programs or suggested changes to existing programs, please contact Community Education at 693-2550 Ext. 3696.

EVERYONE LEARNS - EVERYONE TEACHES

Consider teaching a Mosinee Community Education class. Everyone has a special skill or talent they can share with others. Teaching certification not required. Please call 693-2550 Ext. 3696.

JANUARY

	Date	Time	Sess.	Fee	Location
Cardio/Weights/Fun This class offers high cardio, weight training, and kickboxing using the Plateau Proof Fitness Formula. Bring hand weights, mat, and towel.	1-11-17	6:15-7:15	6	\$24.00	HS Yoga
Acrylic Painting Amy Anderson from Create Away Art will teach you how to create a winter-themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.	1-18-17	4:30-7:30	1	\$30.00	HS 404
Electrical Wiring A retired electrician will teach you the basics of electrical wiring and safety for small home projects.	1-19-17	6:00-8:00	5	\$35.00	HS 404
Zumba Exercise Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Angie Harris	1-23-17	6:15-7:15	6/12	\$24/\$38	ES Gym
Zumba Exercise Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Kristen Borysenko	1-25-17	6:15-7:15	6	\$24.00	ES Gym

Rag Quilting Make a warm, cozy rag quilt from flannel that even a beginner can do. Basic sewing skills and a sewing machine are required. Supply list will be sent upon registration.	1-26-17	6:00-9:00	2	\$15.00	HS 406
Creative Writing Try your hand at writing "outside the box" or just expressing yourself through some creative outlets. We all have ideas that we have possibly never expressed, so join us as we explore this.	1-31-17	6:00-7:00	1	\$10.00	HS IMC

FEBRUARY

	Date	Time	Sess.	Fee	Location
Basic Cake Decorating Learn to make butter creme frosting, bag loading, pressure control, tip use and writing secrets. You will frost an 8" round cake.	2-1-17	5:00-7:00	1	\$10.00	HS 404
Basic Cookie Decorating Learn to make butter creme frosting, bag loading, pressure control, tip use and writing secrets. You will frost 12 cookies. Children welcome with a parent.	2-8-17	5:00-7:00	1	\$10.00	HS 404
Acrylic Painting Amy Anderson from Create Away Art will teach you how to create a Valentine's Day themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.	2-8-17	4:30-7:30	1	\$30.00	HS 404
Winter Snowshoeing Explore the Mead Wildlife Center by snowshoe. Pam from the DNR will lead you through this winter gem. Snowshoes provided, boots required. Class will run if there is snow and the temperature is above zero. Minimum of 10 -- maximum of 30.	2-11-17	11:00-1:00	1	\$7.00 <small>donation to Mead</small>	Mead

Brownie Decorating Learn to frost brownies and make them look store bought. All supplies provided.	2-15-17	5:00-7:00	1	\$10.00	HS 404
Write Your Story Write your own story . . . everyone has one . . . tell yours and learn how. Fee includes the book, "Our Home," something to pass on for generations.	2-21-17	6:00-7:00	1	\$10.00	HS IMC
Growing with Seeds This hands-on class will teach you the step-by-step procedure for growing with seeds. You will be planting pots to take home. Children are welcome with a parent.	2-21-17	6:00-7:00	1	\$10.00	HS 404
Cupcake Decorating Learn how to frost, fill, and decorate cupcakes. All supplies and six cupcakes provided for each student. Children welcome with parent.	2-22-17	5:00-7:00	1	\$10.00	HS 404
Acrylic Painting Amy Anderson from Create Away Art will teach you how to create a spring-themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.	2-22-17	4:30-7:30	1	\$30.00	HS 404
Cardio/Weights/Fun This class offers high cardio, weight training, and kickboxing using the Plateau Proof Fitness Formula. Bring hand weights, mat, and towel.	2-22-17	6:15-7:15	6	\$24.00	HS Yoga

MARCH

	Date	Time	Sess.	Fee	Location
Adv. Cupcake Decor. Learn how to frost, fill, and decorate cupcakes. All supplies and six cupcakes provided for each student. Children welcome with parent.	3-1-17	5:00-7:00	1	\$10.00	HS 404
Zumba Exercise Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Angie Harris	3-6-17	6:15-7:15	6	\$24.00	ES Gym
Zumba Exercise Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Allison McCarty	3-7-17	4:00-5:00	6	\$24.00	ES Gym
Zumba Exercise Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Kristen Borysenko	3-8-17	6:15-7:15	6	\$24.00	ES Gym
Cake Decorating (1) Beyond beginner cake decorating techniques. All supplies provided.	3-8-17	5:00-7:00	1	\$10.00	HS 404
Acrylic Painting Amy Anderson from Create Away Art will teach you how to create a spring-themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.	3-8-17	4:30-7:30	1	\$30.00	HS 406
Cake Decorating (2) Learn advanced cake decorating techniques. All supplies provided.	3-15-17	5:00-7:00	1	\$10.00	HS 404

COURSE REGISTRATION FORM

(Please Print)

Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Email: _____ (H) Phone: _____ (W) Phone: _____

Course Title	Day	Time	Start Date	Location	Fee
Total:					

Your "Release and Consent" signature is required on the reverse side of this form.

Balance/Fall Prevention 3-16-17 4:00-4:45 1 FREE HS IMC
Peggy Kurth of the Aging and Disability Resource Center will teach you tips and exercises that you can do to improve balance and strength. Minimum of 8.

Summer Bulbs 3-21-17 6:00-7:00 1 \$10.00 HS 406
Carol Bray will teach you how to get a jump start on your summer bulbs by planting them inside for faster blooming in warmer months.

Cake Decorating Flowers 3-22-17 5:00-7:00 1 \$10.00 HS 404
Learn how to make flowers with butter creme frosting. All supplies provided.

Spring Bird Feeding 3-24-17 1:00-2:00 1 FREE HS IMC
Lori Schubring of Wildbirds Unlimited will teach you how to prepare your yard for the return of migrating birds, such as hummingbirds, sparrows, swallows, martins, and larks.

Essential Oils 3-30-17 6:00-7:15 1 \$5.00 HS 404
Amy Thraen will teach you what essential oils are and how they can support your health. Participants will receive a sugar scrub or bath salt to take home.

APRIL

	Date	Time	Sess.	Fee	Location
Fondant and Gum Paste	4-5-17	5:00-7:00	1	\$10.00	HS 404
Learn how to make and color fondant, the techniques for frosting and using fondant, and how to make glue gum and paste. A cake and all supplies will be provided.					
Acrylic Painting	4-5-17	4:30-7:30	1	\$30.00	HS 406
Amy Anderson from Create Away Art will teach you how to create a holiday-themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.					
Herb Gardens	4-6-17	6:00-7:00	1	\$10.00	HS 404
Eileen Riechle will teach you how to start an herb garden from seed and explain herbs from A-Z.					
Spring Bird Hike	4-6-17	4:00-6:00	1	\$5.00 <small>donation to Mead</small>	Mead
Pam of the DNR will lead you on a bird watching hike through the Mead Wildlife Center. Good walking shoes required and the ability to hike on uneven ground. Dress for the weather and wet conditions.					
Adult Golf Lessons	4-11-17	5:30-6:30	5	\$45.00	Indianhead
Customized lessons based on your skill level. Clubs required.					
Cardio/Weights/Fun	4-12-17	6:15-7:15	6	\$24.00	HS Yoga
This class offers high cardio, weight training, and kickboxing using the Plateau Proof Fitness Formula. Bring hand weights, mat, and towel.					
Fondant Flowers	4-12-17	5:00-7:00	1	\$10.00	HS 404
Learn to create fondant flowers, and the techniques and tips involved to make them turn out great. All supplies provided.					
Teen Golf Lessons	4-13-17	5:30-6:30	5	\$45.00	Indianhead
Customized lessons for teens ages 13-16. Clubs required.					
Senior Planning	4-13-17	5:00-6:30	1	FREE	HS IMC
Learn about community resources available from a panel of professionals on home care, rehab/short term care, assisted living, hospice, adult day care, supportive home care, and the Aging and Disability Resource Center.					
Organize Your Space	4-13-17	7:00-8:00	1	FREE	HS IMC
Learn useful ways to declutter and organize your living spaces.					
Larger Berry Crops	4-18-17	6:00-7:00	1	\$10.00	HS 404
Carol Bray will present how to plan and maintain a larger berry crops, such as strawberries, raspberries, blueberries, and currants.					
Fondant Designs	4-19-17	5:00-7:00	1	\$10.00	HS 404
Learn how to make designs out of fondant. All supplies provided.					
Acrylic Painting	4-19-17	4:30-7:30	1	\$30.00	HS 406
Amy Anderson from Create Away Art will teach you how to create a summer-themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.					

Natural Cleaning 4-20-17 6:00-7:15 1 \$5.00 HS 404
Learn how to cut out the chemical and clutter of traditional cleaners. Participants will leave with a bottle of natural all-purpose cleaner.

Capitol Tour/Shopping 4-22-17 All Day 1 \$35.00 Rec Center
Take a motor coach to Madison for a guided tour of the State Capitol or a self-guided tour of the Wisconsin Veterans Museum followed by an afternoon of shopping at East Towne Mall. Depart from the Mosinee Rec Center at 7:30 am and return by 8:00 pm.

Zumba Exercise 4-24-17 6:15-7:15 6 \$24.00 ES Gym
Zumba is a Latin-based fitness class that is part dance, part aerobics.
Teacher: Angie Harris

Zumba Exercise 4-25-17 4:00-5:00 6 \$24.00 ES Gym
Zumba is a Latin-based fitness class that is part dance, part aerobics.
Teacher: Allison McCarty

Hardy Roses 4-25-17 6:00-7:00 1 \$10.00 HS 404
Carol Bray will teach you how to care for roses in our zone, and about the varieties, pruning, and care for lasting blooming ability.

Zumba Exercise 4-26-17 6:15-7:15 6 \$24.00 ES Gym
Zumba is a Latin-based fitness class that is part dance, part aerobics.
Teacher: Kristen Borysenko

Fun with Fondant (1) 4-26-17 5:00-7:00 1 \$10.00 HS 404
Learn how to much fun it can be working with fondant and how you can create special decorating ideas.

MAY

	Date	Time	Sess.	Fee	Location
Beginning Orchids	5-2-17	6:00-7:00	1	\$10.00	HS 406
Carol Bray will teach you about planting and caring for orchids. Take home a small orchid.					
Fun with Fondant (2)	5-3-17	5:00-7:00	1	\$10.00	HS 404
Learn how to much fun it can be working with fondant and how you can create special decorating ideas.					
Acrylic Painting	5-3-17	4:30-7:30	1	\$30.00	HS 406
Amy Anderson from Create Away Art will teach you how to create a summer holiday themed 16" x 20" canvas print. All experience levels welcome. All supplies provided.					
MooPoo Ranch Tour	5-15-17	4:00-6:00	1	\$10.00	MooPoo Ranch
Stacy Martin of MooPoo Ranch will give a farm tour and educate you about small scale food production, raising animals naturally, and growing healthy vegetation. Outdoor walking tour, dress accordingly - boots recommended and the ability to walk on uneven surfaces. Minimum of 6 - maximum of 10.					
Wild Edibles	5-18-17	6:00-7:00	1	\$10.00	HS 404
Eileen Riechle will teach you how to identify edible mushrooms and plants, and about the many local wild edibles.					
Cardio/Weights/Fun	5-24-17	6:15-7:15	6	\$24.00	HS Yoga
This class offers high cardio, weight training, and kickboxing using the Plateau Proof Fitness Formula. Bring hand weights, mat, and towel.					

JUNE

	Date	Time	Sess.	Fee	Location
Zumba Exercise	6-12-17	6:15-7:15	6	\$24.00	ES Gym
Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Angie Harris					
Zumba Exercise	6-14-17	6:15-7:15	6	\$24.00	ES Gym
Zumba is a Latin-based fitness class that is part dance, part aerobics. Teacher: Kristen Borysenko					

RELEASE AND CONSENT

Students taking Mosinee Community Education courses are required to sign this form releasing the Mosinee School District from liability for injury or loss. Each student is expected to procure their own personal insurance coverage or to otherwise be responsible for any injury or loss.

The undersigned hereby agrees to release the Mosinee School District and all of its trustees, instructors, agents, contractors, and/or employees from any and all liability or claim for loss or damage including costs, expenses, and attorney fees arising from any actual or alleged property damage or loss or any personal injury including death, directly or indirectly arising from any activities which are undertaken from:

Signature: _____ Date: _____

MAIL TO: MOSINEE COMMUNITY EDUCATION • 1000 HIGH STREET • MOSINEE, WISCONSIN 54455

For more information contact: Michelle Pozorski • Mosinee Community Education • 715-693-2550 Ext. 3696 • mpozorski@mosineeschools.org
or visit our website at www.mosineeschools.org • Creske Center • Mosinee Community Education