

MSD Wellness Committee Minutes 7:30 a.m. October 2, 2012

Committee members present: Jane Beattie, Bill Franklin, Lori Hodgson, Jessica Novitzke, Sue Pohlkamp, Ron Mueller,

The MSD Wellness Team met this a.m., as we had agreed last May, for the first of four meetings scheduled throughout the year:

- 7:20 a.m., Tuesday, October 2
- 7:20 a.m., Tuesday, December 4
- 3:30 pm, Tuesday, March 12
- 7:20 a.m., Tuesday, May 7

Agenda:

1) MSD web page: Wellness:

-Bill has been given access to the page and has made updates to make the page more attractive. So, please forward items/resources you'd like posted to Bill. We all appreciate Bill's efforts and leadership.

2) Building Goals for 2012-13:

Elementary School Wellness Goals:

-to update the MES tab for the MSD Wellness page.

Middle School Wellness Goals:

<p>-</p> <p>M3.5</p> <p>MMS Staff will reflect and review on current practices as they affect wellness.</p>	<p>The MSD Wellness Committee will meet four times during the school year. Parents were invited to attend via the Principal's welcome back letter. The MSD Wellness webpage is also being updated.</p>
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High School Wellness Goals:

-TBD as the MHS focus is on content literacy. Bill indicated he would like to review the sale of food items for nutrition and how they are distributed.

3) Transform Wisconsin Grant

Bill reported that Marathon County has been awarded \$460,000 from the Wisconsin Clearinghouse for Prevention Resources-UW Madison. The grant emphasizes Smoke-free air, fresh fruits and vegetables (farm to school effort), and places to play (indoor and outdoor spaces like gymnasiums and playgrounds). Bill will be pursuing how the grant will be shared with public school in Marathon County.

Agenda items for 7:20 a.m., Tuesday, December 4:

1) Wellness Policy review –**PLEASE review the attached policy and bring your ideas to the December meeting.**

Thanks to all for participating. See you in December