

# **HIGH SCHOOL BREAKFAST MENU AVAILABLE DAILY**

## **FROM 7:30 AM UNTIL THE BELL RINGS**

**BUILD A COMPLETE A MEAL**

**A MEAL CONSISTS OF 5 ITEMS**

**STUDENTS MUST SELECT AT LEAST 3 OF THE 5 ITEMS**

**A COMPLETE MEAL MUST INCLUDE A FRUIT OR JUICE**

**GRAIN / BREAKFAST ENTREES MAY SELECT 2 ITEM(S)**

### **“AVAILABLE DAILY”**

**ASSORTED MUFFINS = 1 ITEM**

**ASSORTED CEREALS = 1 ITEM**

**ASSORTED CEREAL BARS = 1 ITEM**

**OATMEAL CHOCOLATE CHIP BAR = 2 ITEMS**

**BAGEL WITH OR WITHOUT CREAM CHEESE = 2 ITEMS**

**SOFT PRETZEL WITH OR WITHOUT CREAM CHEESE = 2 ITEMS**

**STRAWBERRY MINI BAGEL = 2 ITEMS**

**GRAIN / BREAKFAST ENTREES MAY SELECT 2 ITEM(S)**

### **“AVAILABLE ON DAYS LISTED”**

**MONDAY BREAKFAST PIZZA = 2 ITEMS**

**TUESDAY CHERRY FRUDEL = 2 ITEMS**

**WEDNESDAY BREAKFAST PIZZA = 2 ITEMS**

**THURSDAY APPLE FRUDEL = 2 ITEMS**

**FRIDAY BREAKFAST PIZZA = 2 ITEMS**

### **FRUIT / JUICE**

**ASSORTED JUICE = 1 ITEM**

**ASSORTED FRUIT = 1 ITEM**

### **MILK**

**ASSORTED MILK = 1 ITEM**

MENU SUBJECT TO CHANGE WITH OUT NOTICE

MENU MAY CONTAIN NUTS, TREE NUTS, OR PEANUT PRODUCTS OR PRODUCTS THAT ARE PACKAGED IN A PLANT THAT ALSO MANUFACTURES THESE PRODUCTS

This institution is an equal opportunity provider.