



Marshfield Clinic®

Don't just live. Shine.



Did you know ...

- Wisconsin rates for underage drinking (ages 12 – 20) continue to be higher than the national average.¹
- 66% of Wisconsin youth have reported drinking alcohol.²
- 33% of Wisconsin youth have tried cigarettes.²
- 31% of Wisconsin youth have used marijuana.²
- 1/4 of people in Wisconsin who began using heroin were younger than 25 years old when they started using.³

Sources:

¹ Wisconsin Epidemiological Profile on Alcohol and Other Drug Use, 2012 (September 2012)

² Wisconsin Department of Public Instruction: 2013 Wisconsin Youth Risk Behavior Survey administered to 2,843 students

³ Wisconsin's Heroin Epidemic: Strategies and Solutions (July 2014)

Guiding Good Choices

Guiding Good Choices is a FREE program offered throughout northwestern Wisconsin for adults involved in the care and wellbeing of children in grades 4 – 8. Parents, family members and professionals who work with youth will gain tools needed to guide children in healthy, drug-free decision making.

What You Will Learn

- Getting Started: How to prevent drug use in families
- Setting Guidelines: How to develop healthy beliefs and clear standards
- Avoiding Trouble: How to say “no” to drugs
- Managing Conflict: How to control and express anger constructively
- Involving Everyone: How to strengthen family bonds

It Pays to Participate

In addition to valuable information, you will learn to improve family relationships and steer children away from trouble. Participants will be offered:

- Free child supervision
- A certificate of completion
- Continuing education units (CEUs) and other credits for professional development (see website for more information about credits offered)
- Entry into a prize drawing

Reserve your spot now at www.northwoodsggc.org

For questions, contact the University of Wisconsin-Stevens Point at UWSPCE-Conferences@uwsp.edu or 1-800-898-9472.



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